I choose to use my science resource site as evidence to demonstrate my knowledge of this standard. This site was developed as a way to share science resources with teacher for grades K-7. This site has videos and lesson ideas related to the new BC curriculum. I am a strong believer of not recreating the wheel, but instead sharing resources and ideas around. As a teacher our lives are often very busy and filled with lesson planning, assessment and connecting with our students on an individual and personal level. By sharing resources and ideas, I believe we can limit some of the stress that comes with teaching and ultimately eliminate burnout for teachers, both new to the profession and those that have been teaching for years.